

# Checklist

## Day of surgery



### Before you arrive:

- Make sure you follow any fasting instructions you have been given previously
- Take your usual medications as normal (with a small sip of water), unless advised otherwise by your doctor
- Bring all medications in their original containers with you
- If you wear glasses, bring a case to put them in
- Remove any nail polish
- Remove all jewellery (you may wear your wedding band if it is difficult to remove)
- Before you arrive, please shower or bathe and wash your hair
- If your procedure involves any part of your face or eye, wash your face thoroughly with your usual face soap – Do NOT wear any face moisturiser, cream or make-up
- Wear loose, comfortable clothing and flat shoes – you may be required to change into a hospital gown (you do not need to bring pyjamas or a dressing gown)
- Bring the original copy of your completed paperwork (if you did not return it by post)
- Bring your Medicare card
- Bring your health fund membership card
- Bring your payment (if applicable)
- Bring some reading material if you wish (TVs and complimentary WiFi are available in waiting areas)
- Make sure that you have a responsible adult/carer who can accompany you home after your procedure and you can provide us with their contact details
- Give your carer a copy of the contact details for your day surgery, including instructions on how to find it and where to park

### When you arrive:

- Let the day surgery staff know if you have any mobility issues and require assistance
- Let the day surgery staff know if you have any existing skin wounds, cuts or abrasions

**If you are unable to attend your scheduled procedure (e.g. you are ill), please notify your day surgery immediately.**

**Do not bring any valuable items with you – our day surgeries do not accept responsibility for any lost or damaged items.**

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## Contact us

### NEW SOUTH WALES

#### Forest Road Day Surgery

Ground Level, 99A Forest Road,  
Hurstville NSW 2220

**T:** (02) 9330 6988

#### Chatswood Day Surgery

270 Victoria Ave,  
Chatswood NSW 2067

**T:** (02) 9424 9999

### QUEENSLAND

#### North Queensland Day Surgery

119 Kings Road,  
Pimlico QLD 4812

**T:** (07) 4725 2677

#### RiverCity Private Hospital

Level 2, 401 Milton Road  
Auchenflower QLD 4066

**T:** (07) 3736 3010

#### Vision Centre Day Surgery

Ground floor, 95 Nerang Street,  
Southport QLD 4215

**T:** (07) 5528 4020

### SOUTH AUSTRALIA

#### Windsor Gardens Day Surgery

Level 1, Suite 1, 480 North East Road,  
Windsor Gardens SA 5087

**T:** (08) 7078 5978

### VICTORIA

#### Camberwell Day Surgery

27 Denmark Hill Road,  
Hawthorn East VIC 3123

**T:** (03) 9882 1347

#### Footscray Day Surgery

89 Paisley Street,  
Footscray VIC 3011

**T:** (03) 9689 9233 [opt 2]

#### Panch Day Surgery Centre

Corporate One Business Centre,  
Level 4, 84 Hotham Street,  
Preston VIC 3072

**T:** (03) 8560 0677

#### Whitehorse Day Surgery

852 Whitehorse Road  
Box Hill VIC 3128

**T:** (03) 9899 9611

### HEAD OFFICE

#### Vision Hospital Group

Level 5, 390 St Kilda Road,  
Melbourne VIC 3004

**T:** (03) 8844 4000